

# Soccer Parent Sideline Survival Kit Checklist

## What to Wear

Heated jacket or warm layers
Rechargeable hand warmers
Outdoor fleece blanket
Cooling towels
Portable fan
Windproof or golf umbrella
Pop-up canopy tent

## Snacks & Drinks

Large water jug
Healthy snacks (bars, trail mix, fruit)
Thermal coffee mug

## Accessories for Parents

Folding soccer chair
Chair with canopy
Portable sideline bench (family use)
Rolling wagon

## Team Manager Essentials

Portable sideline bench (team use)
Large rolling cooler
Pop-up team canopy tent
First aid kit

## Above & Beyond

Portable phone charger
Rain ponchos

Bug spray