



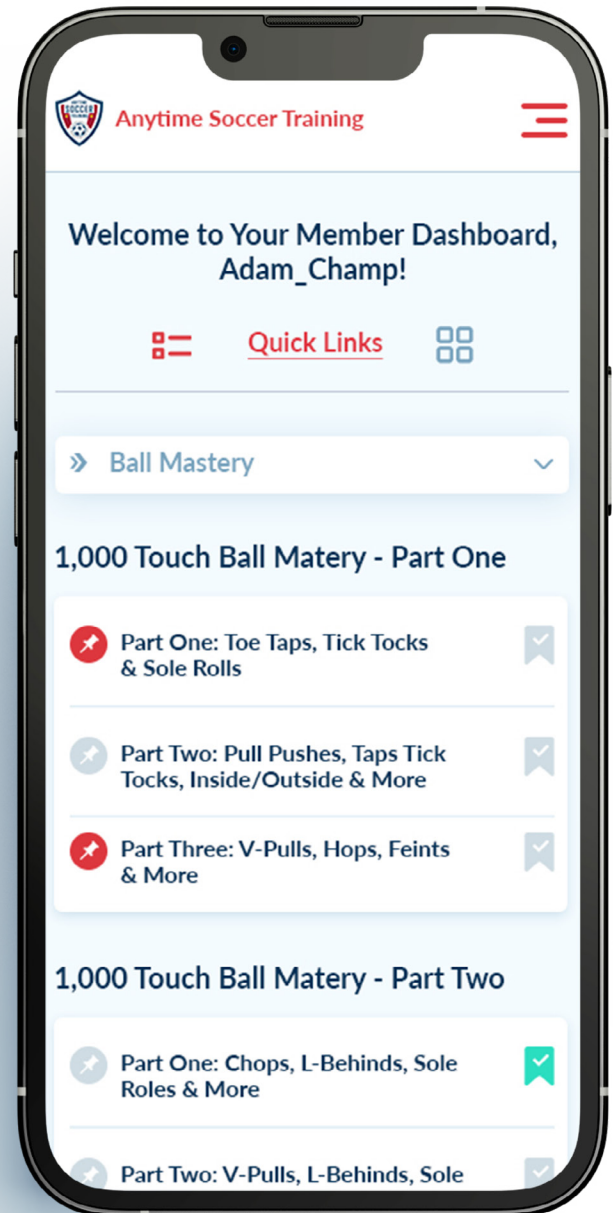
KEY TASKS

Please complete these tasks. If you have any questions email megan@anytime-soccer.com. We are here to help.

- ***Set a training goal and reward***
- ***Review the app and look at the various skill areas***

Click here for more information.

More Information →



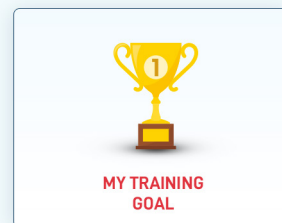


SET A PERSONAL TRAINING GOAL

Set a personal training goal of 50 to 100 videos. The exciting part is that you and your parents can name your own reward for reaching the goal.

➤ **Click My Training Goal**

➤ **Enter your goal and reward**



Create My Training Goal

Set your goal and agree on the reward with your parent or coach.

First Name	Video Goal
<input type="text" value="Your Name"/>	<input type="text" value="Min. 5 / Max. 100"/>
Target Date	Reward
<input type="text" value="DD / MM / YY"/>	<input type="text" value="Reward?"/>
	<small>Maximum 20 characters</small>

Get Started

Review the Programs

Click on the skill areas and review a few of the videos.

➤ **Juggling & Aerial Control**

➤ **Dynamic Warm Ups**

➤ **Ball Mastery**

➤ **Dribbling & Turns**

➤ **1v1 & Finishing**

➤ **Fitness & Agility**

SKILL AREAS



Juggling & Aerial Control



Ball Mastery



Dribbling & Turns



1v1 & Finishing